1. Never give out personal or bank details over the telephone.
2. Don’t feel pressured to making a decision over the telephone.
3. If the caller is vague about giving out their company information, hang up.
4. Don’t open texts or answer calls from unrecognisable numbers.
5. Consider a call blocking device to filter out unwanted calls.

Scammers often use the telephone as a method to gain personal details and con people out of their life savings. Avoid being one of them, protect yourself.

Top 5 Tips To Take A Stand Against Telephone Scams

Remember if you’re not sure, get advice and always report a scam

For advice on scams call
Citizens Advice Consumer Helpline: 03454 04 05 06
To report scams contact
Action Fraud: 0300 123 2040
1. Be wary of emails from unknown sources asking you for personal details.

2. Set up a junk mail filter to stop unwanted emails entering your account.

3. Always go to a bank’s official website to get information, don’t follow links within emails.

4. Make sure your payments online are secure, look for the padlock symbol in the address bar.

5. Say no to strangers offering to put money in your account, this could be illegal.

Remember if you’re not sure, get advice and always report a scam

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TAKE A STAND AGAINST SCAMS

Consumers LOSE approximately £9 BILLION to scams each year!

Don’t add to this staggering figure. TAKE A STAND!

Top 10 tips to take your stand against scams

1. **Say NO.** To unwanted, uninvited callers.
2. **Be wise to rogue traders.** Too good to be true offers, probably are.
3. **Don’t feel pressured to make a decision.** Say “No”, or say you need advice first.
4. **Be wise to postal scams.** No legal company will ask for money to claim a prize.
5. **Keep personal details safe.** They could be used fraudulently in the wrong hands.
6. **Research the credentials of the company.** Be certain they’re not bogus.
7. **Be online savvy.** Check who you’re communicating with online.
8. **Talk to someone you trust.** If you’re suspicious.
9. **Report a scam.** Help expose the criminals.
10. **Know you are not alone.** Anyone can be a victim, report it and get the right support.

To learn more about scams visit [www.friendsagainstscams.org.uk](http://www.friendsagainstscams.org.uk)

To download a copy of Little Book of Scams visit [www.cambridgeshire.gov.uk/scams](http://www.cambridgeshire.gov.uk/scams)

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To report scams contact
Action Fraud: **0300 123 2040**
Everyday thousands of people become a victim of mail scams. Don’t believe the false promises and protect yourself.

**Top 5 Tips To Take A Stand Against Mail Scams**

1. Never send money to a company in order to claim a prize or winnings.
2. Watch out for letters with too good to be true offers, it’s probably a scam.
3. Don’t disclose personal information to people or companies you do not know.
4. If you get a lot of mail get a trusted friend or family member to help you sort through it.
5. If you think the letter is a scam report it and shred it.

Remember if you’re not sure, get advice and always report a scam.

For advice on scams call
**Citizens Advice Consumer Helpline:** **03454 04 05 06**

To report scams contact
**Action Fraud:** **0300 123 2040**
TAKE A STAND AGAINST
DOORSTEP SCAMS

Protect Yourself From Doorstep Crime. If You’re Not Sure Don’t Open The Door.

Top 5 Tips To Take A Stand Against Door Step Scams

1. Use a door chain to check who’s calling.
2. Don’t trade on the door step.
3. Ask a trusted friend or family member for advice on reputable traders.
4. Display a “No Cold Calling” sticker outside your door.
5. Always report any suspicious activity.

Remember if you’re not sure, get advice and always report a scam

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To report scams contact
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www.friendsagainstscams.org.uk